

**COMMUNITY HEALTH & WELL-BEING FRAMEWORK**

<b>Groups</b>	<b>Goals</b>	<b>Creating supportive environments</b>	<b>Strengthening community action</b>	<b>Developing personal skills</b>	<b>Re-orienting health services</b>
<b>Families</b>	<p>Physical, emotional and cultural support.</p> <p>Economic sustainability.</p> <p>Common bond to relate to the outside world.</p> <p>Sense of place, heritage and community.</p>	<p>Develop safe physical and service support structures for victims of family abuse, trauma and violence</p> <p>Facilitate places for men's outreach (men's sheds).</p>	<p>Facilitate family consultation and decision-making in the planning and provision of family structures and services.</p>	<p>Facilitate opportunities for volunteering and participating in community life.</p> <p>Identify culturally appropriate needs for indigenous and ethical families, and incorporate in planning.</p>	<p>Support the establishment of targeted services operating from normal settings: schools, child care, local GPs.</p> <p>Promote the capacity of services to link families with support.</p>
<b>Children</b>	<p>Adequate resources for health and wellbeing.</p> <p>Safety/injury prevention and protection from harm.</p> <p>Healthy lifestyles with a good balance of nutrition and activity.</p>	<p>Design and promote the development of develop child-friendly neighbourhoods.</p> <p>Develop physical and social design for child safety.</p>	<p>Promote community partnerships for children's wellbeing (professional voluntary, business, church, family organisations).</p>	<p>Promote education for skills development for health carers, teachers and children.</p> <p>Coordinate skills development with researchers in universities and colleges.</p>	<p>Facilitate the establishment of neighbourhood centres for monitoring, guidance and home visiting interventions.</p>
<b>Young people</b>	<p>Physical, mental and emotional health and wellbeing.</p> <p>Minimisation of conditions that create risky behaviour.</p> <p>Sustainable lifestyle habits.</p>	<p>In collaboration with young people, design and promote: --drop-in centres and neighbourhood health clinics for easy and confidential access. -- spaces for creative activities, projects and enterprises.</p>	<p>Facilitate the development of Health Promoting Schools, in particular through the school environment, and partnerships and community links.</p> <p>Expand the teacher's role and development community roles as mentors.</p>		<p>Advocate with councils and governments for the more active presence of youth affairs organisations and networks.</p>

<p><b>Adults</b></p>	<p>Ongoing care, rather than episodic.</p> <p>Integrated coordinated health care systems.</p> <p>People and families at the centre of care, co-creating good health.</p> <p>Community support of those with ill-health.</p> <p>Prevention, increased activity, healthy nutrition.</p>	<p>Plan for safe water and food, cleaner energy, maintenance of biodiversity.</p> <p>Incorporate childcare into work and educational precincts.</p> <p>Support the creation of healthy and flexible workplaces. Coordinate with government, employers, health professionals.</p>	<p>Promote coordination of community action around:</p> <ul style="list-style-type: none"> <li>--Crime and violence in the community</li> <li>--Sport and recreation</li> <li>--Reducing communicable disease</li> <li>--Motor vehicle safety</li> <li>--Environmental protection and clean-up</li> <li>-Shelters</li> </ul>	<p>Support advocacy for public health education in health and fitness.</p>	<p>Support provision for health and well-being information needs, to enhance health literacy and help with decision-making.</p> <p>Promote the development of culturally appropriate education and service provision, to address access and inequity concerns.</p> <p>Promote collaboration of indigenous and ethnic groups with social and health service providers.</p>
<p><b>Older people</b></p>	<p>Physical, emotional and spiritual health.</p> <p>Adequate financial and health care resources</p> <p>Balance between independent living and social support.</p> <p>A place to feel safe and comfortable living a dignified life.</p>	<p>Plan spaces for the development of local social networks to construct new affective relationships.</p> <p>Plan spaces to include safety, disability services, quality and accessibility of health services, social interaction and sense of community.</p> <p>Plan for ageing in place, across the ageing life-stages.</p>	<p>Promote opportunities for volunteering and life-long learning.</p>	<p>Support education for life-style practices.</p>	<p>Plan for and promote neighbourhood-based health and support services.</p>